

**SCIENCE ASSIGNMENT**

**CLASS-IV**

**CH-1 FOOD-OUR BASIC NEED AND CH-2 TEETH AND DIGESTION**

**A. MCQS**

1. Anjali is 7 years old. Her mother is 33 years old. What type of teeth does her mother have?

- a) milk teeth
- b) permanent teeth
- c) artificial teeth
- d) temporary teeth

2. There are different methods of food preservation. Which of the following process is used by Anjali to preserve milk?

- a) She adds salt solution to the milk.
- b) She boils the milk and keep it in a refrigerator.
- c) A Sugary solution is added to the milk.
- d) She dries the entire milk.

**B. Assertion/Reason (Tick correct answer)**

3. Assertion- We should not eat raw fruits and vegetables.

Reason- Teeth get damaged by chewing them.

- a) A true and R false
- b) A false and R true
- c) Both A and R are false
- d) Both A and R are true

4. Assertion -Growing children need more proteins.

Reason -Proteins help our body to fight diseases.

- a) A true and R false
- b) A false and R true
- c) Both A and R are false
- d) Both A and R are true

**C. Short Q/Ans**

5. Reena loves to eat pear. What kind of teeth she use to bite into a pear and to chew it ?

6. Ram Lal is a rickshaw puller .What kind of nutrient he requires more?

**D. Short Q/Ans**

7. There is a coiled tube like structure in our digestive tract. Write its function.

8. Roughage is the fibre rich food that our body cannot digest. Write its importance with examples.

**E. Long Q/ans**

9.a) Draw the flow chart of Digestive tract.

b) Draw molar and incisor.

**10.CASE STUDY**

Most children love to eat burgers, pizzas, chocolates etc .But eating too much of these is not good for health. They contain a lot of fat and carbohydrates which can make children gain extra weight. Avoid eating junk food and eat nutritious food to stay healthy.

\*Read these lines and tick the correct answer.

1.Reema likes to eat burger everyday. It is a \_\_\_\_\_ food.

- a) healthy                                      b) unhealthy                                      c) nutritious

2 Rohan falls ill frequently. What should he take to improve his immunity?

a) To drink a glass of milk twice a week.

b) To eat pizza and burger everyday.

c) To eat fruits and vegetables everyday.

3.Rohit Loves to exercise everyday. So he needs protein rich diet. Proteins are \_\_\_\_\_ nutrients.

- a) energy giving                                      b) body building                                      c) protective

4.Roma is suffering from constipation. Which of the nutrients help her to get rid of undigested food?

- a) Vitamins                                      b) Roughage                                      c) Proteins

5.Hema takes more food than her requirement. She is too fat.She may suffering from which disease?

**A) Anaemia**

**b) Jaundice**

**c) obesity**