

BCM SCHOOL BASANT AVENUE, DUGRI ROAD, LUDHIANA
CLASS-X
SUBJECT-INFORMATION TECHNOLOGY (402)

ASSIGNMENT (MAINTAIN HEALTH, SAFETY AND SECURE WORKING ENVIRONMENT)

1. MODEM stands for _____
2. Healthy lifestyle needs **practice, commitment** _____ and sincere efforts.
3. Examples of accidents at workplace are:
 - a. Slips and fall accident.
 - b. Fire accidents
 - c. both of the above**
 - d. None of the web.
4. The source of any potential harm is called _____
 - a. Emergency
 - b. accident
 - c. Hazard
 - d. All of the above
5. The basic safety rules to be followed at workplace are
 - a. Fire safety
 - b. Falls and slips
 - c. Electrical safety
 - d. All of the above**
6. **Assertion (A)** Every organisation must have an evacuation policy.
Reason(R) Negligence at this may cost lives.
 - a. Both A and R are true and R is the correct explanation of A.**
 - b. Both A and R are true but R is not the correct explanation of A.
 - c. A is true but R is false.
 - d. A is false but R is true.

7. What are the sources of hazards?

Ans: The sources of hazards are:

1. **Fire** The first workplace hazards is the risk of fire breaking out.
 2. **Slips and falls:** It is a risk regardless of the workplace and working conditions.
 3. **Chemicals:** chemical handling mistakes or common workplace hazards.
 4. **Electricity:** This could be from liquid near electrical outlets, malfunctioning, power cables or extension, cord coming into contact with water
 5. **Back injury:** Lifting heavy objects or sleep may cause back injury which is a hazard.
 6. **Hazardous material:** toxic waste and hazardous material may cause several health problems
 7. **Workplace violence:** This is more common than one might think and cost around 17% of total occupational death
8. **What are the basic fire safety rules?**

Ans: Basic fire safety rules are

- Fire escape plans must be installed at proper levels

- Conduct regular drills
- Maintenance of safety equipment on regular basis

9. What do you mean by workplace safety?

Ans: Workplace safety refers to the working environment at the workplace and encompasses all factors that impact the safety, health and well-being of people present

10. What are accidents?

Ans: An accident is an unplanned event that may happen all of a sudden and may lead to unwanted results or outcomes. It can be defined as an unfortunate incident that occurred, unintentionally, causing hazardous result or injury or unwanted results.