# BCM

(PRESS



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Management, Principal and Staff of BCM



wish you all

A Happy New Year

#### Dear Readers

The world around us is altering at a pace that is difficult to comprehend and innovation in learning is the need of the hour. Educators today have to come up with novel pedagogies to meet the contemporary demands and redefine the education system. BCM ites are all set to do the same by leveraging technology in curriculum.

Editorial

Growth of our institute and excellent academic grades are a byproduct of harmonious alliance of the parentteacher body. Let's commence the year 2020 with a resolution to provide a conducive environment to our pupils and mould them into agents of proactive social transformation.

Happy Learning!

Sukhbir Kaur Chief Editor

# Inter-School Achievers



- CBSE Regional Science Exhibition was held at Greenland School, Jalandhar Bypass Road, in which 102 schools participated and 140 models were displayed. Science model exhibited by Pratham Singla & Sukhman Singh (Class IX) of our school has been selected for National level.
- Jaskirat Singh (X Marigold) got the Best Speaker Award in Inter BCM Debate Competition held at BCM School, Sector 32, Chandigarh Road.
- Dhairya (XII Sci) attained second position in JAM Activity and got cash prize of Rs 5000/- in TURF2019, an event organized by PCTE Group of Institutes.
- Jasjot Singh (II Daisy) & Taranjot Singh (III Daisy) got third position in Kirtan Competition organized by Sikh Missionary College.
- Keshav Sharma (X Marigold) got second position in Hindi Declamation, Sukhman Singh & Vaibhav Bajaj (IX Daisy) attained second position in Science Model Exhibition at Techono Fest, 2019 at BCM School, Sector 32, Chandigarh Road.
- Inter School Festival, 2019 was held at Jesus Sacred Heart School. BCMites got second position in Group Dance, Krishna (III Jas) got first position in 100m race & Abhinav, Lokesh, Shristi & Pragati (IX) got second position in Radio Jockey.
- Keshav Sharma (X Marigold) got third position in LSSC Hindi Declamation held at Atam Public School.
- Baneet Kaur (XII Arts) participated in Punjabi Sabhiyacharak Mela -2019 and got first position in giddha.
- Tanvir Kaur got third position in LSSC Punjabi Declamation held at Spring Dale Sr. Sec. Public School.
- Gurpriya Kaur (XII Arts) got third position in Inter School English Declamation Contest.
- Essay Writing Competition by Punjab Singh Sabha was held at Singh Sabha Gurudwara. Simranpreet Singh (XII Arts) & Jaskirat Singh (X Marigold) got first position, Gurpriya (XII Arts) & Aasreet of (X Rose) got second position and Palkin (X Lily) got third position.

# Sports Achievers

- Boys (U-11) got third position in Interschool Cricket Tournament held at Jesus Sacred School.
- Kritika Gupta (II Rose) & Somesh Aggarwal (V Lily) won Gold Medal in Interstate Ashihara Karate Championship held at SD Memorial School.
- Boys (U-17) bagged first position in Inter BCM Football Tournament held at BCM School, Sec. 32. Chandigarh Road.
- Girls (U-17) got first position, Boys (U-19) got second position, Boys (U-11) got third position in Inter BCM Basketball Tournament held at BCM School, Basant City.
- Rajveer Singh (VIII Jasmine) stood third in District Rural Badminton Tournament. (U-14 Boys).
- Pranav Arora (XII Arts) won Gold Medal, Keshav & Amit Tiwari stood second in Open Wrestling District Tournament and also got selected for State Level.
- Mandeep Singh (X Rose) won Silver Medal in District Basketball Tournament and got selected for State Level.
- Jahnvi (IX ROSE) won Silver Medal in Junior Wushu State Championship.
- Ravneet Kaur (VIII Aster) won Gold Medal and Rashmeet Kaur (VIII Aster) won Silver Medal in Tiger Martial Art Championship Series.
- Boys (U- 14) attained second position in Inter School Zonal Cricket Tournament.
- Boys (U-15) got first postion in Inter BCM Table Tennis Competition.
   Nikhil (X Daisy), Shivansh (III Aster), Keshav Grover (X Jas),
   Harnoor Singh (VIII Aster) and Vishal (VIII Jas) got Gold Medals.
- The girls (U-15) got second position in the same tournament.
   Gayatrie (X Daisy), Heena (IX Marigold), Avya (X Daisy), Parneet (VIII Rose) and Shreya (X Daisy)got Silver Medals.
- Rajvir (VIII Jas) won Bronze Medal in open Badminton Tournament organised by Punjab Sports Department.
- Amandeep, Aditya & Hunardeep got Gold Medal & Kritika, Gurkirat
   & Krish won Silver Medal at Pb. State Hapkido Championship.









### Inter **BCM** Spell Bee Competition



An 'Inter BCM Spell Bee Competition' was hosted for classes VII and VIII, giving the participants an excellent opportunity to boost their vocabulary skills. Teams from various schools participated with great enthusiasm as they dueled through tenacious words to prove their mettle. It came to an end with 'Varnika' and 'Rishika' from BCM School Chandigarh Road securing the first position. The second place was bagged by Dhruv Mahajan and Kirat Kamal from BCM School Dugri, followed by Ritesh and Shine from BCM School Dasant City who grabbed the third place. BCM School Chandigarh Road clinched the overall trophy. The achievements of spelling wizards were appreciated and acknowledged by one and all as they trudged forward relentlessly, flaunting their vocabulary.

**Inter BCM Table Tennis Tournament** 

An Inter BCM Table Tennis Tournament was conducted in which around 30 students of different BCM institutes challenged each other springing up their confidence and determination to outshine and stand high for their school. After a close competition, the host school emerged winner in (Under-15) Boys category, BCM School Sector 32 and BCM School, Basant City grabbed 2nd and 3rd positions respectively. In the (Under-15) Girls category, the team of BCM School Sector 32 out played the host school. BCM School, Basant City bagged the 3rd position.



### LSSC Inter School English Declamation Contest



Speech is singularly the most powerful force available to humanity. It has power to heal, hinder and to make aware. LSSC Inter School Declamation was hosted by the school. The competition served as an ideal platform for facilitating an exchange of ideas among the student fraternity. The effective orators proved their mettle and competed with a talented pool of contestants from 33 schools across the city.

The occasion was graced by the presence of Mr. Parminder Singh Gill (Chief Administrator GLADA) as the Chief Guest. Ms. Manpreet Kaur Maan (Assistant Professor PCTE Group of Institutes) and Ms. Kamlesh Gupta (renowned anchor) were the esteemed judges. The participants mesmerized the student audience with their vibrant oratory skills producing results as follows:

Name	School	Position
Gurleen Verma	Sacred Heart School	First
Purvanshi Singh	Springdale School	Second
Budhisha Nanda	Bal Bharti School	Third
Ishan Bhasin	DCM Presidency	Consolation

The hardest test in life is having the patience to wait for the right moment

# Inter House Vedic Declamation

// ऋग्वेद ११ यजुर्वेद सामवेद

o enhance the oratory skills and imbibe moral values in the present generation, An Inter House Vedic Declamation was organized by Ved Parchar Mandal. There were three participants from each House. The audience was really mesmerized when participants expressed their views enthusiastically on different topics like 'Morals and Ethics make one Divine, Vasudhaiva Kutumbakam, Dharti ka Aadhar Naari, Parmatma ka nij naam Om' etc. The event turned out to be a success and concluded with the prize distribution ceremony. Gurmehak from Kohinoor House stood first where as Keshav and Arpit from Pukhraj House bagged the second and third position respectively.



#### Reconditioning Perspectives...through duty to glory

#### ORIENTATION SESSION

Many teens have problems that affect their behaviour, action and learning. In order to help parents deal with behavioral concerns, Parent Orientation sessions for senior wing were taken up by the school Principal. She discussed various issues such as the changing trends in present times, needs of GenX, coping with stress, new careers available and practical ways to bridge gaps. The stimulating sessions were interactive and provided fruitful results by improving their academic performance.

## **Session on** Child Safety

Child safety is the priority of our school. Thus regular sessions are organised for van drivers and class IV employees. They are made aware of the latest changes. Their particulars are also checked at regular intervals. Of late, informative sessions on 'Fire danagement' by Rajindra Fire Station and 'Save Fuel' by Jatinder (Auto Instructor ITI College) were organised. Their ies were also taken up by the resource persons.



# **GUSTO 2019**

### **Journey of Transformers**



success.

event of such a grand magnitude. The celebration concluded on a happy note encouraging the students to establish further milestone in the journey of



### 'I' M Alive' - A Kaleidoscope of Piquant

he school exuberantly hosted its annual function 'I' M ALIVE' replete with music, dazzling dances and varied hues of life. The chief quest Dr. Maniu Sahni (Principal, Govt. College for Girls, Ludhiana) graced the occasion with her benign presence. Mr. Vijay Munjal (School Trustee), Dr. Prem Kumar (Executive Director, BCM Institutes), parents and alumni of the school added elan to the occasion. The red letter day included a series of thematic performances ranging from tribute to Gandhiji on his 150th birth anniversary, a sensational Nukkad Natak on 'Corruption', a Qawali, 'Mitti Rudan Kare'- a play on growing evil of drugs'. Soulful Sufi dance, several ebullient dance performances to a theatrical musical 'I'm Alive' that ignited each individual's mind to liberate from evils and build a bright future full of hope and humility.





The annual report of the school in the domain of sports, academic and cultural achievement was read by school Principal. Accolades were bestowed to exceptional and outstanding performers in sports, the scholastic and coscholastic areas. The limelight of the event was captured by Saksham Sharma (Super Dancer 3 fame), Shanveer (Skoda National Cricketer), Pratham and Sukhman (Winners- Regional CBSE Science Exhibition) who, along with their parents were honoured for their stupendous achievement. Dr. Manju Sahni in her address, appreciated the activities of school and commended the Management, Principal and Staff for providing a conducive atmosphere for the all-round development of the students. Overall, the celebration concluded on a happy note encouraging students to set further a milestone in the journey of success.











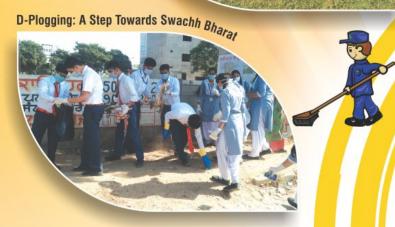






and Andhra Pradesh Food Festival Integrating Punjab

India o



Reduce Plastic Waste: Go Organic



EK BHARAT,

A venture to promote healthy food & be of service to humanity



Maa Ke Hath Ki Roti: Charity begins at home



You must be the change you wish to see in the world - Mahatma Gandhi







# Spreadinę Smiles...Promotinę Positivity



# Amalgamation of Faith and Festivity





To promote national integration and communal harmony, 550th Birth Anniversary of Guru Nanak Dev Ji was celebrated with great fervor. The students of the primary wing, transcending all religious barriers, participated in a special assembly where a serene and calm atmosphere was created by the soothing 'Shabad' sung by the budding singers. A special visit was organized for classes IV & V to Gurudwara Jawaddi Taksal, where students and the staff members realized the meaning of Sangat and Pangat. The students of Primary wing formed a massive human-formation of 550 in the school ground and were inspired to lead a life based on teachings of Guru Nanak Dev Ji. To promote the feeling of brotherhood, "Guru Ka Langar" was also organized for the masses by senior students under the supervision of their teachers.



# Training for Excellence

# Students' Workshops

Date	Workshop	Resource Person	Attended by:
July 30- Aug 3, 2019	Sesssions on: Good Touch, Bad Touch	Ms. Charanjit Karla (School Counselor)	Classes I-V
Aug 01, 2019	Discipline and Moral values	Dr. Vandna Shahi ( Principal)	Class IX
Aug 01, 2019	Fundamentals of Communication Skills	Ms. Apurva Tidki (Times Dept. of Language Head)	Class X
Aug 30, 2019	3D Kalam Sketch & Design Demo	Mr. Ankit Singhal 9 Co-Founder & Co- After Skill Innovations	Classes IV-VI
Sep 03, 2019	Demo on 'First Aid'	Ms. Sarabjit Kaur (School Medical Incharge)	Class II-III
Oct 23, 2019	Career Counselling	Ms. Harpreet Kang (Dean PCTE)	Class XII alongwith parents
Sep 05, 2019	Session on ANTHE Scholarship Exam - 2019	Mr. Vikas Singh Chauhan (Branch Head)	Classes VIII-XII
Nov 13 2019	Honing Basketball Skills	Ms. Shiba Maggon	Sports Students
Vov 23-24, 2019	SPIC Macay Convention at Delhi Public School, Ludhiana	Mr. Surjit Bharti Ms. Arupa Lahiri Ms. Nancy Sheda	4 Students from Class XI
Nov 28, 2019	Session on Nutritious Food	Ms. Kanupriya	Class VI
Dec 03, 2019	Mentor Talk on Disability Day	Ms. Sukhnandan Kaur	Class I







# Good Things take Time & Effort

# Teachers' Workshops

Date	Workshop	Resource Person	Attended by:
Aug 10, 2019	SBI-AMFI Investor Awareness Programme at BCM, Dugri	Mr.Surya Kant Sharma, (Sr. Orth Consultant North India) Mr. Ravi Bansal (SBI Funds)	Whole Staff
Aug 22, 2019	CBP on 'Upholding Ethics and Integrity' at BCM, Dugri	Dr. Rakesh Sehgal (Retd. Principal) & Rashmi Ahluwalia (Montessori Cambridge School, Pathankot)	Ms. Archna Malhotra, Ms. Charanjit Kalra
Aug 23, 2019	'Hubs of Learning Activity' at BCM Arya Sr. Sec. School	Ms. Anuja Kaushal (Head Mistress, BCM Arya Sr. Sec. School	Ms. Sukhnandan, Ms. Geeta, Ms. Arunpreet, Ms. Shallu
Sep 14, 2019	'Pre-Primary- Foundation Years' at BCM School, Chd. Road	Ms. Monica Dhir	Ms. Sukhnandan, Ms. Rachel, Ms. Madhvi, Ms. Shivani, Ms. Gurvinder, Ms. Deepali, Ms. Ramanjot, Ms. Vandana, Ms. Dalbir, Ms. Prerna, Ms. Pooojika, Ms. Rajinder, Ms. Jyotish
Sep 19-21, 2019	, 'Microsoft Professional Development Programme' at D.C.M Presidency, Ludhiana	Mr. Suraj Shetkar (Sr. Prog-Manager in Microsoft)	Ms. Hema Aggarwal, Ms. Rosy
Sep 21, 2019	'Linux and session on digital resource sharing' at BCM Arya Model Sr. Sec. School	Mr. Sandeep Sharma, Mr. Sumit Sharma	Ms. Divya, Ms. Gurpreet, Ms. Anuradha
Sep 21, 2019	Dealing with Accountancy' at D.A.V Public School.	Dr. G.S Grewal ( CA), Mr. R.K Khosla ( Co-author CBSE Textbooks)	Ms. Shweta, Ms. Jaskiran, Mr. Gurpreet
Sep 27, 2019	CBP on 'Happy Classrooms' at BCM, Dugri	Ms. Sangeeta Sharma (Principal-OPB School, Gobindgarh) & Ms.Inderjit Kaur (Principal-SISP School, Mohali)	Ms. Neena Sharma, Ms. Neeru Gandhi, Ms. Ruchika, Ms. Sunita Mehta
Sep 30, 2019	'Changing Educational Scenerio' at BCM, Dugri	Ms. Charanjit Kalra (School Counselor)	Whole Staff
Oct 05, 2019	'Butterfly Education Fields-Science Experiment Kits' at BCM, Dugri	Mr. Nikhil from WHIZKIDS	Science Department
Nov 09, 2019	'Acute Exacerbation of Asthma' at BCM, Dugri	Dr. Vineet Arora (Vice President IAP Punjab)	Whole Staff
Nov 08-16, 2019	'Subject Empowerment and Experiential Learning (Different Schools)	Teachers from Host schools	All Middle Wing Teachers
Nov 25, 2019	'Khelo India Program' at DAV School	Ms. Sarbjeet Kaur PGT (Phy. Edu)	Ms. Kanupriya, Mr. B.R. Nayak, Mr. Lakhbir Singh, Ms. Harjinder K

Date	Workshop	Resource Person	Attended by:
Dec 16, 2019	Phonetics & Pronunciation at B.V.M. School, Ludhiana	Dr. Asher. R. Jesudoss (Writer, Editor & Teacher at IIT, Delhi)	Ms. Ushwinder, Ms. Amandeep Kaur
Dec 17, 2019	CBP on 'Stem Education' at BCM Arya Sr. Sec. School	Mr. Amitabh Sharma (CEO-Stem Academy)	Ms. Rashmi, Ms. Nandita, Mr. Nishad, Mr. Vinod
Dec 19, 2019	'Changing Role of Educators' in the Digital World	Mr. Syed Sultan Ahmed (MD & Chief learners @ LXL)	Whole Staff









# Trudging towards

# **Book Fair**

A
Book
fair was
organised by
the scholastic
group in the school
premises. The launch of
year book 2020, a brand-new
publication of scholastic made the
event all the more exceptional. A wide
array of books gave the children and staff
members a splendid opportunity to explore the
reader within. Avid readers were offered a new and
fresh assortment of books on different genres,
including various award winning titles and popular
ones too.



#### **Providing Skill Based Learning**

Thriving for early leadership development, professionalism and self improvement, a Business Club was set up in the school. A Tuck shop on 'No Profit, No Loss' basis was inaugurated this year to boost students' interest in marketing, finance, hospitality and management. A Business Quiz and Interactive sessions with alumni were conducted to reflect the most upto date educational research.





A new venture has been set up to categorize the school under Zero Waste Zone. The students of 'Eco Club' took initiative to recycle the waste paper into new sheets. These sheets can be later used as cover paper and decorative sheets.

#### **Eye Check-up Camp**



To spread awareness on eye disorders, their early detection, refractive errors and eye ailments among school children, a free of cost diagnostic camp was organized in collaboration with ASG Hospitals under guidance of **Sanjay Kumar Dixit** (Marketing Manager) and **Ravdeep Singh** (Marketing Executive). The students were benefitted as they got solutions to their ailments and that too in the campus only.

# Comprehensive Growth

### **Independence Day**

-Celebration

The school celebrated Independence Day with unprecedented patriotic fervor. The school Principal hoisted the tricolor. The gamut of activities held on the campus consisted of special morning assembly where students paid a tribute to freedom fighters through a Radio Jockey show. A patriotic song by the school choir rose tremendous love for the nation in the hearts of one and all. The slogans of 'Vande Mataram' and 'Jai Hind' echoed in the campus. The students of Primary wing savored the tricolor delicacies and had Badge making, Collage making and Face painting competition. Whereas, the students of senior wing had Rangoli and Class Decoration competition. The classes were adorned with flags, portraits of freedom fighters and heartrending slogans.





Teej Celebration

Bhangra. A comic play highlighting the impact of fraud Babas on the orthodox society was also staged. **Mehakpreet** (XII Com.) was entitled as

'Miss Teej' while Komalpreet Kaur and Simranpreet Kaur(XII Com. and XII FMM) were adjudged first and second Runner up respectively.



# Our Principal Redefining Education

- ★ Honored with TEACHERS' DAY AWARD organized by International Institute of Hotel Management at Jalandhar.
- ★ Received AVANTIKA DR. A.P.J ABDUL KALAM AWARD 2019 organized by Avantika- a group of contemporary intellectuals.
- ★ As CBSE Judge at Regional Model Making Competition where teachers from different states participated.
- \* Attended Capacity Building Programme on 'Leading Transformation An Experiential Learning'.
- \* Went as a CBSE Resource Person for the same session to Montessori Cambridge School, Pathankot.





#### For Faculty...Empowering Teachers

She conducted a variety of In-Service sessions for her Staff.

- · 'Dealing with Youngsters'
- · 'Transformation is Progress'
- · 'To Know is to Grow'
- · 'Guidelines for 21st Century Skills'

#### Towards Student Growth...Reshaping Futures

To foster discipline among students, regular remedial sessions with students of different classes were conducted. She sensitized the students on the dangers and consequences of underage driving and encouraged them to balance their diet, prepare a Time-Table and focus on self-study.

### Awards and Accolades







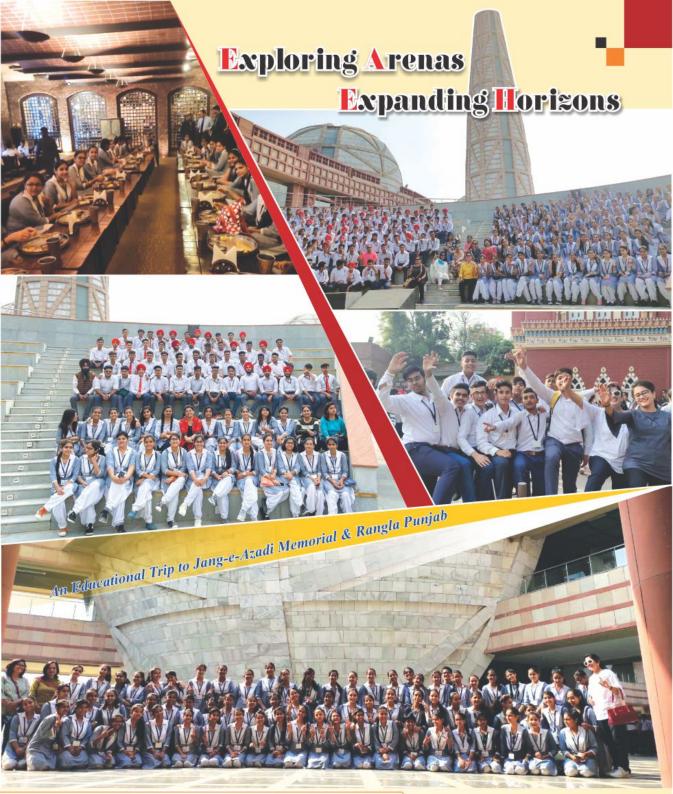


Ms. Suruchi Jolly, Ms. Simmi Dhiman, Ms. Shveta were bestowed with INSPIRATIONAL TEACHER AWARD- 2019 organized by GGNIMT.



- Ms. Neena Tiwari was honored with TEACHERS' DAY AWARD organized by International Institute of Hotel Management at Jalandhar.
- Ms. Neena Tiwari and Ms. Isha Mehta presented a Research paper at 'National Conference on Innovations and Best Practices in Education System towards Nation Building' at NIT Jalandhar.
- Ms. Renu Grover went as CBSE Resource Person at CBP on 'Teaching of XII English Core' to Greenland School, Jalandhar Bye-Pass, Ludhiana.







# **BCM School**

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