MM. 15

Q.1 Read the passage given below.   (10M)

As the New Year approached, like many others, I found myself making resolutions in my mind. The usual suspects made their appearance: waking up earlier, eating healthier, spending more time with loved ones, tackling household chores, being kinder to those I don't particularly like, driving cautiously, and taking the dog for a daily walk. But this time, I was determined to make my resolutions unique and achievable, learning from past failures.

I realized that one of the reasons why most of us fail in our efforts to self-improve is because our goals are often too ambitious, and we struggle to find time to follow through with them. So, I decided to keep my resolutions to myself, limiting them to just two modest ambitions: exercising every morning and reading more every evening.

The first resolution was to exercise for just eleven minutes every morning before anyone else in my household was awake. The challenge was real, as dragging myself out of bed eleven minutes earlier than usual required significant self-discipline. But for the first two days, I managed to sneak down to the living room and jump around on the carpet without being caught. However, my cover was blown when my exhausted state after the exercise gave me away at the breakfast table. Soon, my family caught on, and my morning exercise routine became a subject of amusement for them. Despite their teasing, I tried to stick to it, but gradually, my enthusiasm waned, and I found myself back to square one by January 10th, giving up on the morning exercise routine.

Undeterred by my failure in the first resolution, I focused on my second resolution to read more every evening. I resisted the allure of television and spent a few evenings with my eyes glued to a book in my room. However, one cold and lonely night, I succumbed to the temptation of television and pretended to read while dozing off in front of the screen. It became a habit again, and I realized I had fallen back into my old ways.

Despite these setbacks, I refused to give up on my resolution to read more. In fact, I took a bold step and bought a book titled 'How To Read A Thousand Words A Minute'. However, the irony was not lost on me that I hadn't found the time to read it yet, showcasing the challenges I faced in keeping up with my resolutions.

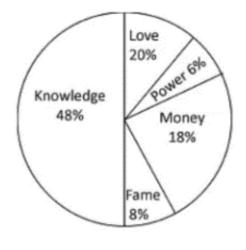1. What were the usual suspects in the author's list of New Year resolutions?   (1)
a) Waking up earlier, eating healthier, spending more time with loved ones
b) Tackling household chores, being kinder to those not liked, driving cautiously
c) Taking the dog for a daily walk
d) All of the above

2. Why did the author decide to keep his resolutions to himself this time?   (2)

3. What happened to the author's morning exercise routine after January 10th ?   (1)
a) The author successfully completed the routine every day
b) The author gave up on the routine
c) The author reduced the time for exercise
d) The author increased the time for exercise

4. What did the author do one night when feeling cold and lonely?   (1)

5. Why did the author find it ironic that he bought a book but hadn't read it yet? (2)

6. Why did the author fail to keep up with his morning exercise routine?   (1)

7. What is one of the reasons why most of us fail in our efforts to self-improve?   (1)
a) Lack of motivation   b) Setting unrealistic goals
c) Procrastination   d) Lack of resources

8 The word 'waned' in paragraph 3 means____   (1)

Q.2 You are a sports enthusiast Gaurav / Garima r/o 450, June Building Pune. You want to go to Gulmarg on a skiing vacation. Write a letter of enquiry to the Director J&K Tourism, asking for relevant information like the suitable time, accommodation available, gear required, cost, travel and ski assisstance available, etc.   (5M)

OR

You asked people what they thought was the most valuable thing. The given pie chart shows the analytics of the different answers you received. Write an analytical paragraph for a research project in 150-200 words.