

Que 1 MCQ

**1. Which food test would you use to check for the presence of fats?
C) Grease spot test**

**2. Which of the following is a method to separate husk from grains?
c) Winnowing**

**3. Which of the following is a natural magnet?
C. Lodestone**

Que 3

a) A is True and R is False.

b) Both A and R are true and R is not the correct explanation of A.

Que 3 case study

- a) Anaemia**
- b) Vitamin A**

Que 4 fruits and Milk

Que5 A diet containing all the nutrients in proper amount is called balanced diet.No, it is not same to all the persons as it is required depending upon the amount of work done by the person.

Que 6 Take a iron strip. Place it on the table.Now take a bar magnet. Keep one end of the bar magnet at one end of the iron strip. Now without lifting the bar magnet ,move the magnet to the other end of the iron strip. Now again lift the bar magnet and come to the staring point of the iron strip. Do this process 30 to 40 times. You will see the iron strip becomes a magnet.