BCM School Basant Avenue Dugri

Class II

Subject – EVS Assignment

1. Which of these is an energy-giving food?a) Rice b) Spinach c) Carrot
2. Clothes protect us from: a) Books b) Weather c) Water
3. Which of the following is a pucca house? a) Hut b) Igloo c) Bungalow
4. Which of these is a protective food?a) Mango b) Rice c) Cheese
5. Woollen clothes are worn in:a) Summer b) Winter c) Rainy season
6. Which yarn is obtained from plants? a) Nylon b) Cotton c) Rayon
B. True or False 1. Nylon is a natural fibre. False
2. Igloo is made of ice blocks. True
3. Vegetarians eat eggs and meat. False
4. Synthetic materials are man-made. True
5. Wool comes from sheep. True
6.Pucca houses are stronger than kutcha houses. True
C. Fill in the Blanks
1. Foods like rice and bread give us (Energy) 2. We get from sheep. (Wool)
3 are used in the rainy season. (Raincoat)
4. Protective foods keep us(Safe)

A. Multiple Choice Questions

5. We wear clothes in summer.(Cotton)
6. People who do not eat any animal products are called(Vegan)
7 is a house on wheels.(Caravan)
D. Riddles 1. I am round and green outside, red inside, and full of black seeds. What am I?(watermelon)
2. I'm made of blocks of ice; Eskimos live in me. What am I?(Igloo)
3. I come in pairs. I live in shoes. I hate holes! What am I(socks)
E. Give Two Examples of Each Energy-giving foods: rice, potato
Natural yarn wool, silk
Pucca house flat, Bungalow
F. Define Uniform: A special dress worn by people at work or school.
Vegan: A person who does not eat or use any animal products but eat only plant products
Houseboat: A special house that floats on water. It is built on a boat and is also called a floating house.
G. Draw and Label 1. Energy-giving foods
Bread
2. Caravan (House on wheel)
$\overline{\Box}$
3 Winter clothes
H. Circle the odd one out .
1 gloves , sweater , shorts , shawl

Reason Others are woollen clothes

I. One-word Answers

- 1. A house made of ice ____(igloo)
- 2. Clothes worn in school _____(uniforms)
- 3. Fibre obtained from sheep _____(wool.)
- 4. Food that protects us from diseases _____(protective food)
- 5. A house on wheels _____(caravan)

J. Case Study

Case Study 1

Reena loves eating burgers, pizzas, and sweets every day. She often feels weak and falls sick.



1) What does Reena like to eat every day?

Ans Junk food (burgers, sweets)

2) Why should we not eat junk food daily?

Ans It is unhealthy and makes us ill.

3) Rearrange the letters

ZZPIAS Pizzas

4) Draw and label any healthy food.

MANGO

