BCM SCHOOL, BASANT AVENUE, DUGRI ROAD, LUDHIANA ENGLISH LANGUAGE AND LITERATURE CLASS X

M.M 15 M

Q1 Read the passage given below:

Hobbies help us grow as a person. The best way to have a new hobby is to try something new. All of us are unique, and this is the reason why our hobbies and interests are different. Once we find an activity we are passionate about, we can explore that activity more. When you get hooked, you will realize that your hobby has become an integral part of your life. Having a hobby that we enjoy brings us joy and refreshes us. Hobbies help us to manage our leisure and unplanned time more productively. It also affords you the opportunity to learn new skills in your work. But these are not the only benefits of having a hobby.

It feels great to be skilled and good at something, doesn't it? And this is what that makes you confident. It can take some time to develop your hobby so that you may be able to tell that you are skilled. But, the journey of experiencing your hobby is very rewarding in itself. With the exposure to different types of activities these days, it doesn't matter which activity you choose. Whether you are pursuing a craft, sports, puzzles, or skill development, your hobby should be a diversion and a passion. Simultaneously, if your hobby gives you a sense of purpose, then you will be more confident about challenging yourself in your hobby and help you prepare for learning new things at work. Hobbies give you an opportunity to enhance your life. Hobbies allow you to de-stess yourself while remaining mentally productive. Having hobbies promotes better health and may lower the risk of having high blood pressure. Enjoying a few hours of your hobby a week can also reduce the risk of depression and dementia. Hobbies refocus your mind on to something that you enjoy doing. Hobbies that include physical activities create chemical changes in your body that help to reduce stress. Even if it doesn't involve physical activities, you can still reap the benefits of having a hobby. Getting a short break from work and doing something you are passionate about can rejuvenate your mind and help prepare you to handle challenges in the future in a better way.

Hobbies may provide an opportunity for you to socialize with people and that can be an additional benefit for your overall well-being. You can connect with people who enjoy doing the same things that you do. You can meet new people, discuss your hobby and get connected to a bigger circle that may even help you turn your hobby into your profession. The internet provides numerous groups and forums to connect with people that enjoy doing the same things that you want to do. Some hobbies require creativity and if you develop creativity through your hobby, it can be beneficial. Creativity can help you experience new things at school and work. The skill of being creative is essential in today's world.

Based on your understanding of the passage, answer the questions given below. (10 X 1 = 10 M)

- i. When a person gets hooked on a hobby, he realises that:
- (a) it has become an integral part of our life.
- (b) it has much more benefits than we realised.
- (c) it is much more enjoyable to have a hobby.
- (d) it is quite essential for us to learn some skills through our hobbies.
- ii. No matter which sort of hobby you are pursuing, be it a craft, sports, puzzles, or skill development, your hobby should be:
- (a) useful for you in the long run.
- (b) a skill that improves your present circumstances.
- (c) a diversion and a passion.
- (d) followed through till the end.
- iii. The journey of experiencing a hobby is quite:
- (a) challenging for a person.
- (b) rewarding in itself.
- (c) demanding in itself.
- (d) inspirational for a person.

iv. State any one way through which hobbies enhance your life?
v. Getting a hobby means having a short break from work and doing something you are passionate about which can (a) give you a peace of mind from all the other problems of daily hectic life and make you feel refreshed.
(b) help you enhance and improve your skills and push you forward on your path to success.(c) make you enjoy and appreciate your life much more as you are happy pursuing what you love.(d) rejuvenate your mind and help prepare you to handle challenges in the future in a better way.
vi. List any two benefits of having a hobby. 1 2
vii. What is essential in today's world?
viii. Give an appropriate title for the passage. ix. Supply one point to justify the following: Hobby provides you with an opportunity to socialise with people.
x. Choose an option that is clearly a synonym of the word 'hooked'.(a) opposed(b) indifferent(c) willing(d) captivated
Q2 Do as directed. (5 X 1 = 5 M)
 i. Fill in the blank by choosing the correct option to complete the sentence. The boys to my lecture since 8 O'clock this morning. (a) were listening (b) have been listening (c) had been listening (d) None of these
ii. Read the conversation between a mother and her daughter. Complete the sentence by reporting daughter's reply correctly.Mother: Why are you looking so worried?Daughter: My exams are approaching.Mother asked her daughter why she was looking very worried. The daughter replied that
 iii. Select the correct option to fill in the blank for the given line. I rather die than join the gang of terrorists. (a) could (b) should (c) would (d) can
iv. Fill in the blank using correct form of the verb.Kane was just a student when his father (die) in a car accident.
 v. Complete the given sentence, by filling in the blank with the correct option: They met you at night after you your work. (a) had finished (b) have finished (c) finished (d) will finish